## Motivated On Precision Toward Outstanding Performance...what does that mean exactly?

## • December 21, 2010 at 10:30am

M.O.P.T.O.P. = mantra thru movement! in the winter of 88/89 at a listening party for Atlantic recording artists(of which I was one @ the time) my father heard for the 1st time, an artist by the name of the D.O.C. his songs were playing, & my dad turned & told me I had to be as "precise, & intense" as he(the D.O.C.) was in, not just my rap(I was a rapper lol),but in ANY thing I did...bcuz that was the only way to guarantee I would be successful at it! That's when the mantra was born....later that year I was blessed to meet some of the best dancers ON EARTH...BAR NONE! It's been 21 years, 2 kids, multiple relationships, the loss of my MOM, several trips around the world, a nervous breakdown, 3 record deals, and a lot of heartache, & pain.....but it's been the BEST LIFE I COULDN'T EVEN HAVE DREAMED OF! Thank you to all who have shared in making this life of music, & dance the best ride in the UNIVERSE!

Peter Paul, Caleaf, Link, Marjory, Sekou, Tweetie, Ejoe, Bobby, Tone Mcg, Hiro, Bklyn Terry, Loose Joint, Shan S, Which-a-way SHA, UKO SNOWBUNNY <3 Robin DUNN!, Kam, WILL-DO, Michele Byrd, Cynthia, Kito, Big Wheatie, Chris "Shaik" Mathis, Mike U4ria, Mikey Disko, Jojo Zolina, Valerie, Ms Vee Ho, Adesola, Dj DOC, Pharsyde, Spex, Brian FootWork Green, Voodoo Ray, Khahim, Jeff, Cricket, Byron, ILL KOZBY, the ladies of MAWU, & Fox Force 5, I.H.O.W, Nene, Spicey, Black Kat, Dazl, Da Gentlemen, Soul Sector, The Soul Brothers, Legendary Shabazz, Cliff Love, Kid Boogie, & MGF, Nishi Myster, & SATURDAY PLAYA....I'm forgetting some folks, & for that I apologize....but these last folk are responsible for everything I'm about... Signoret & Sade=PRIDE, & JOY! Lydia, Empress Levi, & BINKY my sisters who loved, & nurtured their lickle brudda! Eduardo who inspired his big brother! Levar Josephine Justice Williams aka LENA the original Gangstress! How I <3 & miss her so much! And one word to describe the patriarch of this all.... RUM! Emilio Austin the 1ST...& THE ORIGINAL BUDDHA! Thank you....21 years, & counting!



## Emilio Austin jr. aka BUDDHA STRETCH